

ULTRASOUND PREP

PLEASE NOTE: ONLY THE PATIENT AND TWO OTHER FAMILY MEMBERS ARE ALLOWED IN THE ULTRASOUND ROOM AT THE TIME OF SCAN.

PREP FOR NUCHAL TRANSLUCENCY (NT) ULTRASOUND.

The day BEFORE your ultrasound, please drink increased fluids the entire day.

The day of the ultrasound, continue drinking, be sure to eat breakfast before morning appointment and lunch before afternoon appointment. DO NOT VOID 30 minutes prior to scheduled sono. Make sure when you arrive to the office you DO NOT leave a urine specimen and DO NOT empty your bladder prior to your scan.

NTD Laboratory (Eurofins) offers a 30-DAY PROMPT PAY DISCOUNT . Call 888-683-5227 within 30 days of receiving your bill or EOB to receive the adjusted cost of \$125.00. Original cost \$360.00

OB ULTRASOUND (20 WEEKS & OVER):

The day BEFORE ultrasound, be sure to drink plenty of fluids the entire day. If you are 28 weeks gestation or more, be sure to have appropriate meals before you come into the office (breakfast, lunch or snack). You may empty your bladder & leave urine specimen if you are very uncomfortable; however, we would prefer you wait until after the ultrasound.

For early pregnancy, 12 weeks & less, please empty your bladder & leave urine specimen after you check in at the front desk.

ROUTINE GYN ULTRASOUND:

The day BEFORE your ultrasound, be sure to drink plenty of fluids the entire day. You may empty your bladder & leave a urine specimen when you check in at the front desk, prior to the ultrasound exam.

BLADDER SCAN:

The day BEFORE your ultrasound be sure to drink plenty of fluids the entire day. The day of the ultrasound, please try to maintain a full bladder. DO NOT LEAVE a urine specimen PRIOR to your ultrasound even if directed to do so by our staff.