

Breastfeeding Resources

Northside Lactation Advice Line 404-303-3329

Web Sites:

www.Kellymom.com

www.llli.org (La Leche League)

www.medela.com

www.BreastfeedingMadeSimple.com

www.pumpingmoms.org

Books:

- Breastfeeding Made Simple
- The 90 Minute Sleep Solution
- Healthy Sleep Habits

Mom – Me Connection Meeting – Breastfeeding Support Group for moms with babies 0-6 months

- Alpharetta
1st and 3rd Friday at 10:30
Northside Alpharetta Medical Campus, Bldg C, 3rd Floor Education Room
- Dunwoody
2nd and 4th Tuesday at 10:30
Dunwoody Methodist Church, Francis Asbury Room B

Recipe for Lactation Cookies to help boost milk supply

<http://www.epicurious.com/recipes/member/views/LACTATION-COOKIES-1252680>